



# Virginia Senior Games

Henrico County, VA ♦ May 12-16, 2020 ♦ (804) 652-1411  
www.virginiaseiniorgames.org ♦ Email: VSG@henrico.us



<b>Sport</b>	<b><i>3 on 3 Basketball</i></b>
<b>Events</b>	Men's, Women's
<b>Dates &amp; Times</b>	Saturday, May 16, 9:00 a.m.
<b>Location</b>	*Hermitage High School (updated 3-6-2020) 8301 Hungary Spring Rd Henrico, VA 23228
<b>Contact Person</b>	Elbert Grinnell Phone: (804) 652-1421      Email: <a href="mailto:gri10@henrico.us">gri10@henrico.us</a>
<b>Format of Event</b>	<p>Tournament format will include preliminary round robin pool play leading to an elimination bracket championship final. The final playoff format will be determined at the discretion of the NSGA. Ties for seeding will be broken for in the following manner: overall record, head to head competition, point differential, coin toss.</p> <p>The following divisions will be used, Division I (highest level), Division II and Division III. The number of divisions will be determined by the number of teams within each age division.</p> <p>The organizer reserves the right to change the format for any age division based on entry numbers, space restrictions, or any other circumstances.</p> <p>Based on the number of registered teams, brackets for certain age groups may start later than 9am. Leading up to the event, information on start times for brackets will be communicated via email.</p> <p>Game start times are subject to change if ahead of schedule.</p>
<b>Rules</b>	<p>This tournament will be conducted in accordance with National Collegiate Athletic Association (NCAA) Rules.</p> <p>Both the offensive and defensive team may substitute after the first free throw or two shot foul and after the second free throw of a three-shot foul.</p> <p>A 20 second shot clock will be effect throughout the entire game. Violation of the 20 second shot clock rule will result in loss of possession. Shot clock is not guaranteed.</p> <p>Violation of the throw-in area by the offense results in a loss of possession.</p>



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<b>Awards</b>	Gold, Silver, and Bronze Medals will be given for Men’s and Women’s Divisions in each age category (50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; 100+). All medal winners will be recognized immediately following competition.
<b>Entry Regulations</b>	<ol style="list-style-type: none"> <li>1. Teams must be of all one gender.</li> <li>2. Team rosters shall be limited to ten persons, including non-playing coaches, non-playing captains and non-playing bench personnel.</li> <li>3. Teams are no longer limited to the number of out-state players on their rosters.</li> <li>4. National Senior Games athletes may compete on up to two teams per sport providing that teams are in different age divisions.</li> <li>5. All registration and team rules apply to non-playing coaches, non-playing captains and non-playing personnel. All must be registered through VRPS in order to participate.</li> <li>6. Age divisions for all team competition will be determined by the age of the youngest team member as of December 31, 2019.</li> </ol> <p>Individuals age 50 or older by December 31 of the competition year are eligible to participate, if properly registered. The Virginia Senior Games are considered “open” games, meaning participants from other states are permitted and encouraged to compete in the Virginia Senior Games. The Senior Games strongly recommends that each participant consult his or her physician in regard to practice and participation in this program or any similar physical activity program.</p>
<b>Equipment</b>	
<b>Athlete Packet Pick-Up</b>	<p>Packet Pick-Up is where athletes can pick up their <b>information packet, VSG 2020 t-shirt, participant bag, and name tag</b>. Multiple pick-ups are permitted.</p> <p>Athletes <b>DO NOT</b> need to pick up packets prior to their events in order to participate. However, shipping charges will apply to athletes who are not onsite to pick up their registration packets or medals and would like them later.</p> <p><b>BELMONT RECREATION CENTER</b>  <i>1600 Hilliard Rd, Henrico, VA 23228, (804) 652-1410</i></p> <p>Tue, May 12 ..... 4:00pm-6:00pm  Wed, May 13 ..... 7:00am-2:00pm  Thu, May 14 ..... 7:00am-2:00pm  Fri, May 15 ..... 7:00am-6:00pm  Sat, May 16 ..... 7:00am-10:00am</p>