



Virginia Recreation & Park Society

An Affiliate of the National Recreation and Park Association

Senior Resource Group Meeting Minutes for 1/12/23 Meeting via Teams

Attendees

Kim Graves, Dean Crane, Elaine Thompson, Stacy Sandry, Susan Miller, June Snead

Absent

Cheryl Wheeler

Call to Order

The meeting was called to order by Kim at 2:35 p.m.

Meeting Minutes

Dec. meeting mins were approved by Susan and 2nd by Dean.

Treasurer's Report

No money per Stacy.

Board Liaison Report

Kat (VRPS President) will assign groups and tasks tomorrow (1/13) and will be in contact with us soon to inform us of our new Board Liaison. However, Dean will be around if we need anything.

New Business

Induction: Stacy Sandry

Kim inducted Stacy as the Treasurer of the SRG Board.

Our Self-Care topic for the upcoming meeting (2/9) was discussed.

Elaine created a flyer and will update it for us. She will send to Kim to be added to the website. She suggested not having a professional at the meeting, but just discussing the topic with all members. She agreed to lead the discussion.

Kim mentioned Jessie Honaker (Therapeutic Rec Specialist for Chesterfield) took part in a survey that we could use to send to all members. Members would fill out the survey before discussing with the group. This survey will move us forward in the meeting and help create ideas for discussion.

Kim agreed to invite Jessie to our next meeting.

Old Business

SRG Webpage is currently up to date.

Fundraiser ideas:

Kim has been in touch with Lynn Hoy from Harrisonburg to host a half-day training this year. No dates have been worked out yet.

Kim reported that Sue Black agreed a CPRP Training is a great idea for one of our meetings. She suggested contacting the Eastern Service Area as they ran a Boot Camp for the CPRP.

Speaker and Topic ideas:

The Board agreed to ask all members in the next meeting their thoughts on visiting a facility for one of our in-person meetings. We will also ask everyone for ideas on topics and speakers. We will ask members if anyone would like to speak or run a focus group on Seniors at the next VRPS Conference.

Susan agreed to contact Dr. Jay White at the VCU Gerontology Dept. to see if he's interested in speaking at one of our meetings.

Dean suggested asking Denise Scruggs to speak. She is the Director of the Beard Center on Aging at the Univ. of Lynchburg.

June suggested the topic of contracted instructors vs. volunteers. She mentioned Henrico is now only using volunteers. Elaine and Stacy only use volunteers as well.

Announcements

The next meeting will be held on Feb. 9 at 2:30 p.m. via TEAMS. This is a members meeting.

Close/Action Items

Meeting adjourned at 3:00 p.m.

Respectfully submitted,

Susan Miller
SRG Recorder

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