

Virginia
Recreation
and Park Society
www.VRPS.com

Virginia Recreation and Park Society NSA Northern Service Area Spring 2011 Newsletter

Spring 2011

Notes from the desk of our Chair

Laura Marquardt, CPRP

Welcome to 2011! It's hard to believe we're already 3 months into the New Year! Time sure does fly when you're having fun, and a fun-filled and action-packed year is exactly what the Northern Service Area has planned for you!

On January 11, 2011 we kicked off the year with our first meeting at the NVRPA Headquarters. We had a very productive meeting and promise you won't be disappointed with the many workshops, socials and networking opportunities we have planned for you. Our first workshop of the year is right around the corner, so mark your calendars and plan to attend on April 21. **"I Love You, You're Perfect, Now Change!"** will be held at the brand new Stacy C Sherwood Community Center in the City of Fairfax. This will be an incredible educational and networking opportunity and the chance to hear some of the top presenters in the field of Parks and Recreation. A total of 4 sessions all worth CEU's will be offered and you can choose to attend the full day or the morning or afternoon only. The price for the full-day through March 31 is only \$59 and that includes lunch and tour of the beautiful new Community Center in the City of Fairfax. Registration is open and filling fast, so visit www.vrps.com to register today.

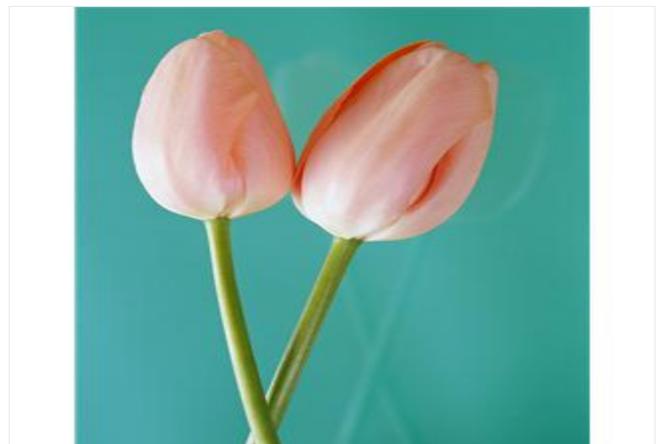
Also make sure to take a look at the schedule of upcoming meetings and events in this newsletter. On the schedule you'll notice that our meetings and events will be held at a variety of different locations. This is something new we are trying this year to hopefully allow more people to become involved and to showcase some of the beautiful facilities out there. We love to see new faces at the meetings, so we hope you'll join us for an upcoming meeting or event. Finally, don't forget to follow us on facebook. All of our meeting dates and information about upcoming events will be posted on our facebook page – **Virginia Recreation & Park Society-Northern Service Area.**

I look forward to seeing you at our next meeting on **Tuesday, March 8** at South Run RECenter in Springfield at 10am!

Northern Service Area 2011 Officers and Subcommittee Members

Laura Marquardt, CPRP	Chair
Blythe Russian	Chair Elect
Cheri Danaher	Past Chair
Karen Lussier	Treasurer
Jenny Paxton	Secretary
Laura Kowlaski	At-Large Member
Brandy Wyatt	Newsletter
Laura Marquardt & Karen Lussier	Spring Workshop
Eileen Boone & Brandy Wyatt	Summer Workshop
Jenny Paxton & Brandy Wyatt	Holiday Social
Laura Kowalski & Ann Hoy	Awards & Citations
Laura Kowalski & Blythe Russian	Membership

We are still looking for an **Annual Conference Representative** for the 2011 State Conference. Basic responsibilities include: attending committee meetings (however if you can't attend all the meetings conference calls can be arranged), solicit and review proposals sent, make session selections, layout the schedule and room placement and prepare the written materials for publication. This representative would also have a role at the conference of making sure the presenters arrive, have their materials and equipment, schedule the rooms hosts and CEU monitors. If you're interested please contact Laura Marquardt ASAP through email at laura.marquardt@fairfaxcounty.gov or at 703-866-0566.



Meeting Dates

DATE	LOCATION/EVENT	TIME
March 8, 2011	Meeting at South Run RECenter	10:00 a.m.
April 21, 2011	Spring Workshop <i>I Love You, You're perfect, Now Change</i> Stacey C Sherwood Community Center	8:30 a.m. - 4:30 p.m.
May 10, 2011	Meeting and Summer Social at Great Waves Water Park	10:00 a.m.
June 15, 2011	Summer Workshop <i>The 3 R's of Bullying Prevention: Recognize, Respond and React</i> Vienna Community Center	10:00 a.m. - 2:00 p.m.
August 9, 2011	Meeting at NVRPA Headquarters	10:00 a.m.
September 17-20, 2011	VRPS Annual Conference <i>Ride the Tide to Success</i> Norfolk	See VRPS for details
September 25-28, 2011	Special Park District Conference	See NVRPA for details
October 11, 2011	Meeting at the Nature House in Reston	10:00 a.m.
November 8, 2011	Meeting at Meadowlark Botanical Gardens in Vienna	10:00 a.m.
December 2011 Date TBD	Holiday Social	Time TBD

News From Our Local Agencies

Howard Herman, General Manager of Community Services and Director of Recreation and Parks, is retiring after 40 years of dedicated public service to the City of Falls Church. We invite you to attend the public celebration on Sunday, April 10. The reception will be held from 2 to 5 p.m. and the awards and remarks will be presented about 4 p.m. at the Falls Church Community Center, 223 Little Falls St. For more information, please contact Jenny Paxton, 703-248-5199

The Reston Community Center is hiring a full-time Teen Director and, within the next three months, three part-time merit program assistants and a full-time Fitness & Wellness Director. The position will be listed on www.fairfaxcounty.gov. Contact Eileen Boone for more information, 703-390-6162 Eileen.boone@fairfaxcounty.gov.

More News From Our Local Agencies...

Fairfax County Neighborhood and Community Services Honored

The Burke-West Springfield Center Without Walls, a partnership between Fairfax County Neighborhood and Community Services (NCS) and the local community, was awarded a prestigious 2010 Commitment Award from the US Environmental Protection Agency. The Commitment Award recognizes communities that are planning for and beginning to integrate smart growth and active aging. The Center Without Walls is a network of organizations and community volunteers who lead and implement activities for seniors in these specific communities. The entire process is resident-driven, increasing community buy-in and ensuring that the public remains engaged in further development decisions and processes. The center also takes a smart growth approach to delivering programs by utilizing existing non-governmental facilities

(places of worship, community rooms, local businesses, etc.) to operate programs. Over 30 volunteers and over 20 different organizations support the Center Without Walls, which has served over 300 seniors since its inception.

NCS was also awarded a UnitedHealth Heroes grant from Youth Service America and UnitedHealthcare. The grant will fund a youth service project in which teen leaders will engage their peers to develop "menus" of healthy snack foods that can be served to teens in community and teen centers. The process is intended to ensure that nutritious offerings are more likely to be consumed by participants. The teens intend to disseminate their findings and the process they used to other organizations interested in providing healthy food environments for their teen participants.

The City of Fairfax Opens the Stacy C. Sherwood Community Center

After decades of planning and dreaming of a community center, on Saturday, February 12, 2011 the City of Fairfax celebrated the grand opening of their new Stacy C. Sherwood Community Center.

The construction of the Stacy C. Sherwood Community Center was launched with a \$5 million donation from Geraldine Sherwood, wife of Stacy C. Sherwood a former Fairfax Town Council and City Council member.

The community center, named after the Sherwood family, is located adjacent to Van Dyck Park. The building is 14,330 square feet. The main floor is 12,554 square feet and the basement is 1,776 square feet. The center hosts youth and adult recreation programs, cultural activities and arts-related activities, including rehearsals. It is also available for rentals for small and large functions.

The grand opening featured entertainment from George Mason University, Mr. Skip, Gonzo's Nose and more. Hundreds of people enjoyed the festivities and toured the

rooms and art work throughout the building. Not only did Mrs. Sherwood contribute to the facility, she inspired many others to do the same. With much interest from other donors, the City of Fairfax developed and launched the Legacy for Fairfax program allowing for naming rights and donations to the center and the parks. In the first year of its implementation, the City has received almost ½ million in donations and commitments. The center has been designed and engineered by the [Hughes Group](#), a local design firm known nationwide for its noteworthy recreation and community centers. The general contractor for the construction was SIGAL Corporation of Arlington, Virginia. Benefactor Geraldine Sherwood and her husband Stacy, who died in 2002, were longtime active members of the Fairfax community. Stacy C. Sherwood also was a member of the Fairfax Town Council (1956-60) and City Council (1960-64).



VRPS Annual Conference 2012 News.....

VRPS is currently assembling a team of professionals from across the state to plan and carry out the 2012 annual conference September 8-11 at the beautiful **Wintergreen Resort**.

Opportunities exist to help with education, exhibit hall, sponsorship, marketing, socials and entertainment, registration and logistics. This is a unique location that lends itself to new and creative thinking on how to produce an extraordinary program by taking advantage of all the available resources. Not all committees will require travel for planning meetings, and some meetings will be held in Charlottesville. If you have an interest in helping, contact the VRPS office or Cindy S Roeder at cindy.roeder@herndon-va.gov or 703-435-6800 x2123.

Training Opportunities

Reston Association's Annual
LUNCHEON
 For Landscape Contractors
 AN OVERVIEW OF NATURAL TURF MANAGEMENT

March 2, 2011 • 8:30 a.m. - 4 p.m.
 RESTON ASSOCIATION • 12001 SUNRISE VALLEY DRIVE
 MAIN CONFERENCE CENTER



Cost: \$30 (Includes Continental Breakfast and Lunch)
 ISA CEU Credits Available

To Register Go To:
Restonlandscapeluncheon.eventbrite.com

Contact:
 Claudia@reston.org • 703-435-6547

More Information:
www.osborneorganics.com



The 3 R's of Bullying Prevention:
Recognize, Respond, and React

Wednesday, June 15

10 a.m. - 2 p.m.

\$25 Registration Fee
 (includes a box lunch)

Perfect for Program Managers, Instructors, After School Specialists, Camp Directors and Counselors, and Front Line Staff!

Session highlights include:

- > Sensitivity Training,
- > How to appropriately respond to bullying and bias-based harassment,
- > Creating a safe zone in your community.

Facilitated by Bill Briggs, Executive Director of PFLAG, and Carol Lewis, Western Fairfax PFLAG Facilitator.

Parents, Families & Friends of Lesbians and Gays (PFLAG) is a national non-profit organization that promotes the health and well-being of lesbian, gay, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights.



Sponsored by the Northern Service Area
 Registration deadline is Monday, June 6.
 Register online at www.vrps.com. Questions?
 Contact Brandy Wyatt at bwyatt@viennava.gov

National Legislative Forum on Parks and Recreation
 March 16 - 18, 2011 | Grand Hyatt, Washington, D.C.

New members of Congress. New dynamics. New platforms.

ATHLETIC FIELDS 101

VRPS has partnered with TORO to offer a fun and educational workshop. Athletic Field, Irrigation and Turf management staff are encouraged to apply for this fun and inexpensive seminar. Dale Getz, one of the leading athletic and turf maintenance professionals in the United States, will lead the seminars. You can choose from several dates and locations to find the seminar that is nearest to you! See VRPS.Com for more details and registration information.

Date	Location	
3/28	Claude Moore Recreation Center & Park	Hosted by Loudoun Co. Parks, Rec. and Comm. Svcs.
3/29	Brambelton Center	Hosted by Roanoke Co. Parks, Rec. and Tourism
3/30	Pole Green Community Center	Hosted by Hanover Co. Parks and Recreation
3/31	Newport News Golf Club at Deer Run	Hosted by Newport News Parks, Rec. and Tourism

REGISTER TODAY!
VRPS NORTHERN SERVICE AREA SPRING WORKSHOP
"I LOVE YOU, YOU'RE PERFECT, NOW CHANGE!"

Sponsored by Gametime, Hughes Architect Group, Millennium Pool Service, The Sign Shop & Virginia Playground Services

Thursday, April 21, 2011
 Stacy C. Sherwood Community Center, City of Fairfax

This full day workshop will consist of four sessions focusing on repositioning, marketing for the future, management of volunteers and identifying the future trends that will affect the delivery of parks and recreation and the role that professionals will play in determining how we will adjust to these trends.



DIRECTORS, MANAGERS AND AGENCY LEADERS, DON'T MISS THIS WORKSHOP!
 These sessions are geared to give the leaders of today and tomorrow the tools to set their road map for success.

Session Topics Include:

Silent Siege, Repositioning is Essential to our Survival	0.1 CEU
"Convenience" is the Name of the Selling Game!	0.1 CEU
Volunteers, Our Most Valuable Asset	0.1 CEU
Your Future and Welcome to It!	0.1 CEU

Registration Information

VRPS Member

	Full Day (includes lunch)	AM or PM only (does not include lunch)
Prior to 3/31/11	\$59	\$39
3/31 - 4/10/11	\$69	\$49
After 3/31/11	\$79	\$59

Non-Member

	Full Day (includes lunch)	AM or PM only (does not include lunch)
Prior to 3/31/11	\$69	\$49
3/31 - 4/10/11	\$79	\$59
After 3/31/11	\$89	\$69

CEU's (0.1 per session)

Prior to 3/31/11	\$10
3/31 - 4/10/11	\$15
After 3/31/11	\$20

For complete workshop and registration information visit www.vrps.com today!